



Mindful of my brain





Suggested instructions What are you thinking?

K - 5th grades:

Invite the children to draw a scene with themselves pulling the kite. Some kids may want to draw the playground, others a nearby park; the kite may be decorated with a tail or ribbons.

K - 2nd grades:

Invite the children to write a sentence or two describing the scene they drew.

3rd - 5th grades:

Invite the children to write one paragraph describing the scene they drew. You may use this lesson to introduce angles.